



Travel Guidelines and Expectations

Rush Union Soccer recognizes the value and special significance in participating in tournaments outside of our immediate area. In order to present ourselves in the best possible light as players, teams and as Rush Union Soccer we have adopted some guidelines that all players and teams should follow. There are many benefits to this type of travel including:

- Gaining experience by playing a higher level of competition
- Building team camaraderie
- Seeing and playing against different styles of play
- Participating in a professional soccer environment
- Showcase our teams and players to the outside soccer community

Team Behavior

- Coach, players, and parents should review and agree on general travel behavior requirements and consequences if violations are committed.
- At the coach's discretion, players may be sent home at parent's additional expense if they violate serious behavior rules related but not limited to: drugs, alcohol, illegal activities, tobacco products or having members of the opposite sex in their rooms at any time.

Player Responsibilities

- Because of the importance of tournament play to the development of a team, all Rush Union Soccer select players are expected to participate in every event. **Tournament fees and coach reimbursement fees (travel, lodging) are to be split among all players, whether participating in the event or not.** (An exception can be made for an injury prior to registering for the event.)
- The Club insists on making player safety the top priority when players are traveling.
- Players are to act like young ladies and gentlemen at all times in any public places.
- Each player is required to be where the Coach wants you to be at the time the Coach sets.
- No one goes anywhere alone.
- We are guests of the hotel. Footwear and proper attire should be worn in the public areas of the hotel.
- Be courteous and considerate of other guests staying at the team hotel.
- Players are to be punctual and strictly follow all curfews.
- Any problems must be communicated to the Coach immediately.
- **REMEMBER THAT YOU ARE REPRESENTING Rush Union Soccer!!**

Team Activities

- Parents and players should remember that team activities take priority over any personal agendas you may have.
- Soccer trips are not vacations. Obviously having fun is a part of all trips, but we must remember that soccer must remain the top priority at all time.

Guest Players

- Guest players are invited to play at the discretion of the Team Coach.
- They will be expected to pay their share of team expenses unless other arrangements have been directed by the Team Coach.

Hotels

- It is suggested, and many tournaments require, that players stay in the same hotel.
- Hotels that include continental or full breakfasts are preferred.
- Hotels that include laundry facilities are preferred.
- If players are sharing rooms, and someone leaves early, they are still responsible for their share of the total cost of the room.
- Team meetings should be in a common area of the hotel.

Meals

- Teams should strive to eat together at team meals if possible.
- All players should follow proper nutrition and hydration practices.
- It is recommended the team purchase healthy snack type foods and drinks for in between meal eating and the cost will be shared equally.